

Clock 1: Youth Developmental Stages

Developmental Tasks of Early Adulthood: 19 to 29

1. Selecting a mate
2. Achieving a masculine or feminine social role
3. Learning to live with a marriage partner
4. Starting a family
5. Rearing children
6. Managing a home
7. Getting started in an occupation
8. Taking on civic responsibility
9. Finding a congenial social group

Developmental Tasks of Adolescence: 13 to 18

1. Achieving new and more mature relations with age mates of both sexes
2. Achieving a masculine or feminine social role
3. Accepting one's physique and using the body effectively
4. Emotional independence from parents and other adults
5. Preparing for marriage and family life
6. Selecting and preparing for an occupation
7. Acquiring a set of values and an ethical system to guide behavior; developing an ideology
8. Developing intellectual skills and concepts necessary for civic competence
9. Desiring and achieving socially responsible behavior

Developmental Tasks of Infancy and Early Childhood: Birth to 5

1. Learning to walk
2. Learning to talk
3. Learning to take solid foods
4. Learning to control elimination of body wastes
5. Learning difference between sexes and sexual modesty
6. Getting ready to read
7. Forming concepts and learning language to describe social and physical reality
8. Learning to relate oneself emotionally to parents, siblings and others
9. Learning to distinguish right from wrong; developing a conscience

Developmental Tasks of Middle Childhood: 6 to 12

1. Learning physical skills necessary for ordinary games
2. Building wholesome attitudes towards oneself as a growing organism
3. Learning to get along with age mates
4. Learning an appropriate sex role (male/female)
5. Developing fundamental skills in reading, writing and calculating
6. Developing concepts necessary for everyday living
7. Developing a conscience, morality and a scale of values
8. Developing attitudes toward social groups and institutions
9. Achieving personal independence

Rings: Innermost to Outermost:
(1) Age and Brain Development; (2) Piaget's Cognitive Development; (3) Erikson's Psychosocial Development;
(4) Kohlberg's Moral Development; (5) Havinghurst's Developmental Tasks.

