



# Vocational Rehabilitation Youth Technical Assistance Center

## Discussion on Systemic Racism & Supporting Youth of Color

### Recommended Resources

**Teaching Tolerance** – This website provides free resources to educators—teachers, administrators, counselors and other practitioners—who work with children from kindergarten through high school. The resources aim to create civil and inclusive school communities where children are respected, valued and welcome participants.

<https://www.tolerance.org/>

**Let's Talk: Facilitating Critical Conversations with Students** – A guide from Teaching Tolerance for professionals on helping students talk openly about the historical roots and contemporary manifestations of social inequality and discrimination.

<https://www.tolerance.org/magazine/publications/lets-talk>

**A Toolkit for Centering Racial Equity throughout Data Integration** – This toolkit aim to help agencies acknowledge and compensate for the harms and bias baked into data and data structures, into practice, and into cultural understandings and perceptions of populations served by government agencies

<https://www.aecf.org/resources/a-toolkit-for-centering-racial-equity-within-data-integration/>

**Results Equity Crosswalk** – A tool from the Annie E. Casey Foundation that enables leaders to bring attention to and act on any racial and ethnic disparities.

<https://www.aecf.org/blog/new-tool-helps-leaders-reduce-racial-and-ethnic-disparities/>

### Podcasts:

- Scene on Radio, Season 2: Seeing White. <https://www.sceneonradio.org/seeing-white/>
- On Being with Krista Tippett, an interview with Resmaa Menakem: <https://onbeing.org/programs/resmaa-menakem-notice-the-rage-notice-the-silence/>



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- Unlocking Us with Brene Brown and Ibrahim X. Kendi: <https://podcasts.apple.com/us/podcast/bren%C3%A9-with-ibram-x-kendi-on-how-to-be-an-antiracist/id1494350511?i=1000476611079>
- New York Times podcast “1619”: <https://www.nytimes.com/column/1619-project>
- ‘White Fragility’ and Racial Equity: What’s Stopping the Conversations <https://bthechange.com/white-fragility-and-racial-equity-what-s-stopping-the-conversations-abc96b7cf5a2>

### Readings:

- Article by Robin DiAngelo on White Fragility: <https://libjournal.uncg.edu/ijcp/article/viewFile/249/116>
- Robin DiAngelo’s books and writings on Critical Racial and Social Justice Education including her book, White Fragility: <https://robindiangelo.com/>
- Carol Anderson’s book, White Rage: The Unspoken Truth of our Racial Divide: <https://www.professorcarolanderson.org/white-rage>
- Resmaa Menakem’s book, My Grandmother’s Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies: <https://www.resmaa.com/books>; and his article on Medium.com titled, Healing Your Thousand-Year-Old Trauma at: <https://medium.com/@rmenakem/healing-our-thousand-year-old-trauma-d815009ae93>
- White Supremacy Culture in Organizations: <https://coco-net.org/wp-content/uploads/2019/11/Coco-WhiteSupCulture-ENG4.pdf>
- Ibrahim X. Kendi’s How to Be an Antiracist: <https://www.ibramxkendi.com/how-to-be-an-antiracist-1>

### Videos:

- Dr. Joy Degruy on empathy for Black People in America: <https://www.youtube.com/watch?v=yayOUiQFkOY>

### Online courses:

- Resmaa Menakem offers a free e-learning course: <https://www.resmaa.com/about>